

know what kind of pizza you like), with planning for the spring talent show, tentatively scheduled for April

March 23: Dinner, UU Hall, with discussion led by Elaine

If you have questions and/or suggestions, please let us know! Contact Luanne (lbuchana@olemiss.edu) or Elaine (236-2545, egelbard@olemiss.edu).

TUPELO GROUP: Unitarian Universalist Fellowship of Tupelo meets every 1st and 3rd Sunday at 11a.m. at Temple B'Nai Israel 1301 Marshall St. Tupelo. We would love to have you come over. Check out our website, <http://www.UUTupelo.org>

March 6 Linda Foshee speaks on "Hannah Jewell Poweell, Universalist Woman Preacher of Cold Mountain"

March 13 Discussion on Christianity

March 20 Rev. Doak Mansfield is speaker.

March 27 Hank Jaekel speaks on "Rehabilitation in China"

>>> MEDITATION/CHANTING GROUP <<<

The meditation/chanting group has met several times so far this semester, and we want to inform you of what we have chosen to focus on for discussion this semester. We also want to fill you in on our routine.

First, last semester we read Eckhart Tolle's THE POWER OF NOW and used it as a springboard for discussion. Well.....since it is such simple yet profound material, we felt we're not ready to leave those teachings yet and wish to deepen our practice and understanding of them. So, we are listening to 10 or 15 minutes of some CDs called REALIZING THE POWER OF NOW, which is a live recording of Tolle during a retreat.

Here's our routine:

1. We start at 7pm.....
2. We meditate and chant for the first half hour.....
3. We listen to the CD for 10-15 minutes.....
4. We discuss for half hour.....
5. We meditate again for last 10 minutes.
6. We close.

Very simple and meaningful evening, and

throughout the evening..... a lot of laughter! So, feel free to come any night you can. Don't feel like you have to already know Tolle's teachings or have read his books, it's all about being present to the truth and to ourselves and to each other. And you don't need to already know how to meditate or chant.

You are always welcome!

Tuesday nights, 7pm-8:30pm, at the UUCO Hall. It is free. Donations to UUCO are encouraged.

>>>>> ANNOUNCEMENTS <<<<<<<<<

SAVE THE DATE! SPREAD THE WORD!

BODY MOVEMENT WORKSHOP

Sunday, April 3, 2005 from 2:00-3:30 PM at UU Hall

Dancer Gloria McLean will present a workshop for all interested adult participants. Ms. McLean, a former principal dancer with Erick Hawkins Company, is in Oxford with composer Dr. Kevin Frey to perform her work, SOMA, on the "Composers at Ole Miss" program Tuesday, April 5 at 8:00 PM in the Ford Center Studio Space. The workshop on April 3 will focus for 30-45 minutes on general movement for all abilities; the second half will gradually progress to intermediate level technique for dancers. Donations are requested.

Based in New York City, Ms. McLean travels internationally to perform her original choreography and share her techniques of movement. Ms. McLean appears in Oxford courtesy of LedaSwan, Inc. (www.ledaswan,inc.)

SAVE THE DATE!

NINTH (?) ANNUAL UU TALENT SHOW

Friday, April 15 – Start practicing!!

>>>>> MIDSOUTH DISTRICT <<<<<<<<<

Calling All Music Directors, Singers and Instrumentalists!

Are you attending the Mid-South District's Annual Assembly in Birmingham (April 22-24)? Sarah Dan Jones, music director at the Georgia Mountains UU Church and UU Musician's Network representative, will be coordinating the music for the worship services at the assembly and wants to know if you

will be there. If you plan on singing in the choir, no need to contact her - but if you would like to offer your music services for worship, please let her know soon so that she can assess the offers and can start planning. You may contact her at SDJones88@hotmail.com

Mary Shelton

Annual Assembly Coordinator

Nashville, TN

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